












COURSE NOTES

Sunshine Coast 6hr - Half

Wild & Co. Adventure Race 6hr

START INFORMATION

Race Briefing 730hrs, Event Starts 830hrs

LEG 1		2.5 km	Elevation Gain 0m		EWAN MADDOCK DAM	
	Fastest estimate = 0:30 hrs To Finish estimate = 1:00 hrs		1		A,F,HQ1	<ul style="list-style-type: none"> ▶ CAUTION - Public waterways – give way to traffic ▶ FIRST RESPONSE - Move or swim to the shore. Use Phone in emergency. ▶ Team must stay within 100m of each other - safety officials will be checking. ▶ Collect ALL CPs in ANY order on this section
	Team Estimate:					
HQ						<ul style="list-style-type: none"> ▶ Access your Bike at HQ ▶ You must punch the HQ punch each time you pass through HQ
LEG 2		3.5 km	Elevation Gain (a Little)		SINGLE TRACKS AND TRAILS	
	Fastest estimate = 0:30 hrs To Finish estimate = 1:00 hrs		1		L,M,N,O, HQ2	<ul style="list-style-type: none"> ▶ CAUTION - Public roads and pathways – give way to cars and pedestrians. ▶ Teams to use the local paths and fire trails to complete the leg. ▶ Collect ALL CPs in ANY order on this section.
	Team Estimate:					
LEG 3		5.5 kms	Elevation Gain 75m		FERNY FOREST ++	
	Fastest estimate = 1:00 hrs To Finish estimate = 2:00 hrs		1		1,2,8, FINISH	<ul style="list-style-type: none"> ▶ CAUTION - Public trails, give way to pedestrians and to the public on MTB trails ▶ Use the single track and fire trails to complete this leg ▶ Collect ALL CPs in order on this section.
	Team Estimate:					