



Wild Adventure &Co. Paddle 3hr

Information Pack

21 OCTOBER 2023

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WELCOME TO THE WILD&CO 3HR ADVENTURE PADDLE!

We're pretty excited to welcome everyone to our second 3hr adventure kayaking event. We've got all the right ingredients for a great event – a great turnout, a beautiful location, high tides and hopefully we'll also see great weather conditions.

After a very fun first event last year on the Tweed River, we're excited to be back this year with another great course in a very beautiful part of the world. The planning and preparation has been fun and it's always great to work with a good team. Big thanks of course go to the Gold Coast Water Ways and the Gold Coast City Council for the permits and for hosting us and to the team that has helped to make this event happen.

What we love most about this part of the world is that there are so many adventure options that are so accessible. You don't have to go far to feel like

you've escaped the urban jungle and are getting back to something raw and real. An adventure paddle has to be one of the best ways to experience this too – working together, constantly engaged in what's happening and where you're going – and the option push yourself or just enjoy the time on the water in good company.

We hope you enjoy the morning out, we're looking forward to seeing you at the start line.

Chris Dixon

RACE DIRECTOR

Wild Adventure &Co. Paddle 3hr

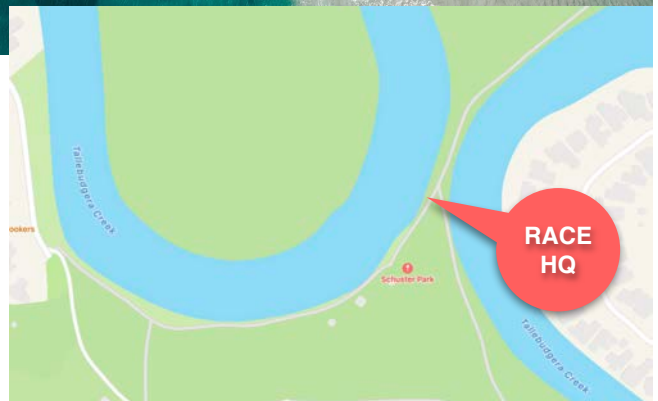


TALLEBUDGERA – RACE HQ

Tallebudgera is famous for its sparkling creek, framed by the Burleigh Heads National Park on one side and Palm Beach on the other. A visit to Tallebudgera is all about swimming, picnicking, kayaking and a spot of fishing.

The Kombumerri people of the Yugambah language group have cherished this special spot for centuries and learning their Dreamtime stories, which are woven into the landscape. Tallebudgera Creek is just 1 hr from the Brisbane CBD.

Check out destinationgoldcoast.com for things to do, places to stay and a bit of local knowledge.



Race HQ is Schuster Park off Tallebudgera Creek Rd. There's great access to the river and plenty of space to spread out on the grass and chill out pre and post race.

Schuster Park

Schuster Park, Tallebudgera QLD 4228

PARKING

There is plenty of parking at the park but In order to reduce the events impact on the community, please consider sharing a car with your teammate.

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PROGRAM AND TIMINGS

SATURDAY 21 OCTOBER

8:00 am: Registration and Map Handout

9:00 am: Race Starts (water start)

12:00 pm: Race Finishes

12:30 pm: Presentations

ON THE COURSE

The best thing about an Adventure Paddle is that you get to choose how far go. The full course will be about 25kms in total, but that doesn't mean you have to paddle that far.

At race registration you will receive a map with a series of check points (CPs) marked on it, a control card and a set of CP descriptions, for example, "Southern End of Jetty" or "Small Tree, Waters Edge". Each CP is worth between 10 and 90 points, easy to reach CPs are generally worth less points, the further away a CP is, the more it is worth. The winner will be the first team over the line with the most points.

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CHECK POINTS (CP)

Check Points are orange orienteering flags like the ones in the picture. They have a unique punch attached to them and you will need to punch your control card at the appropriate spot at each CP. You may collect CPs in any order.

MISSING CPS

You may arrive at a location you believe is correct and you can't find the checkpoint (e.g. you are in the wrong location or it has been stolen or incorrectly placed by the organisation). You can continue to search for the checkpoint, however if you are absolutely certain the control is missing, it is recommended you take a photo of the area with your phone. If the race organisation verifies the control is missing or misplaced, and you can prove you were in the correct spot, you will be credited with this checkpoint. No time adjustments will be made.

COURSE MARKINGS

No direction arrows, tape, markers etc are placed on the course (unless specifically noted in the Course Notes or on Maps).

MAPS

The race maps will be printed on waterproof paper at a scale of 1:25,000 scale – this means that 4 centimetres on the map are equivalent to 1 kilometre. We will also supply a satellite image of the area with the CPs marked so you can see the sandbanks and channels in the river.



TOILETS AND WATER

There are toilets and water available race HQ.

RACE START / FINISH AND COURSE CLOSURE

The race will start at 9:00am and will be a water start. The finish line will be in the park, you will need to carry – **not drag** – your kayak out of the water and place the kayak as directed. Then punch the final CP at the finish line and have your time recorded.

The course closes at 12 noon and you need to have punched the final CP by then. If not there will be a points based penalty of 10 points for every minute late. Any team finishing more than 30mins after the course closure will lose all points.

SAUSAGE SIZZLE TO FINISH

We'll have the BBQ fired up from 11:30am.

RACE PRESENTATIONS

These are short and sweet as we know everyone is getting ready for the drive home. The main reason to stay around for the presentations is random draw prizes available!

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ENVIRONMENTAL IMPACT

Rubbish: You must carry all rubbish with you to a bin. This particularly relates to the gel packets. If you drop litter on the course we will not be able to get permissions to use areas in the future. If you see rubbish left by another team, please pick it up. We all accidentally drop things, so do the right thing and ensure we can continue to use beautiful areas in the future.

Wildlife: Hopefully you will see some marine line during the event. If you do, please not approach or disturb.

MANDATORY EQUIPMENT

It is mandatory that all competitors carry:

1. Visible race number
2. A fully charged mobile phone with sufficient battery to last for the full duration of the event

3. Water Bottles or Bladders with a capacity to carry at least 2 Litres of water
4. A copy of the course map (supplied, A3 format)
5. A compass
6. A whistle
7. PFD (Personal Flotation Device) – lifejacket to Australian Standard or international equivalent (provided or BYO)
8. Paddle (provided or BYO)
9. Kayak – teams must remain with their kayak at all times unless otherwise instructed
10. Footwear – footwear must be worn at all times when kayaking

Also Recommended – Dry bags, spray jackets, carabiners for towing/rescue, warm clothing depending on the conditions

PROHIBITED EQUIPMENT

1. GPS Devices – Any visible GPS device, including a watch. This includes devices that show your position, display maps and distance travelled. If you want to carry a GPS device it must remain inside your race bag at all times.

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The only exception to this rule is a Garmin watch in 'Adventure Racing' mode.

2. Communication devices – Radios, other communications or internet access devices (excluding the compulsory emergency phone sealed prior to the race).
3. Other Maps – Other than those provided by the organisers (specifically from race start to crossing the finish line. i.e. you may use other maps and information sources for research purposes prior to the start)

RACE NUMBERS

Every competitor is provided with a race number that must be worn and be visible at all times during the race.

PHONES – COMPULSORY EQUIPMENT

You are required to provide one fully charged mobile phone – if you need to make an emergency call, you will need this!

Make sure you have a waterproof bag for your phone too.

PERSONAL GPS

If you would like to record your route you are able to carry a GPS recording device inside a bag or similar. It must not be visible.

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KAYAKS

There are three categories on the day – BYO Kayak, SUP and Kayak Supplied.

All teams will need to provide mandatory equipment as per the mandatory gear list including whistles.

Kayaks supplied will be double Mission ‘Surge’ kayaks as pictured above.

If you would like to use a kayak seat they use a standard seat as available at [Anaconda](#).

PFD'S AND PADDLES

Paddles and PFDs are provided as part of your entry. That said, competitors are encouraged to bring their own paddles and PFDs.

SAFETY

PARTICIPANT RESPONSIBILITY

During the event you must be aware the rescue by the organisers or emergency services may not be possible immediately. In the first instance you are responsible for yourself and those around you. Organisers have assets in place to assist, but they may not be immediately available.

It is not practically possible to provide all the safety needed for all the possible scenarios. If you are not willing to accept this self responsibility, you should not start the race.

If you get to a point in the course that you decide you are not comfortable and confident in completing safely, it is your responsibility to do something. If you feel the level of inherent risk is unacceptable, do something about it. Avoid it, withdraw, it is your decision.

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SAFETY ASSETS INCLUDE:

- Your team mate
- Event officials with first aid certificates and training.
- Event first Aid including qualified first aid officials
- A support vessel on the water during the event
- Normal access to emergency services via '000'.

Each participant must have Australian ambulance cover or an Australian medical insurance policy that includes ambulance cover or travel insurance covering medical costs including medical transportation for an injury sustained during competitive event or an Australian exemption or other ambulance coverage e.g. Australian Defence Force, residents of Tasmania/Queensland etc.

INSURANCE

The event organisers have a public liability insurance policy to the value of 20 million dollars.

This is a compulsory insurance policy for events that are organised on, or cross through, any form of government land/public place. This however is not personal accident insurance for you!

RACE RULES

Race rules can be found here: <https://www.wldnco.com/race-rules>

Please note that mountain bike and trekking related rules and comments do not apply.

Adventure racing relies on the honesty of teams during the race. If you observe a team on the course breaking any of the race rules please raise this directly with the team. They may be new to the sport and not be aware of some particular rules. There may also be a valid reason or you may have misunderstood the situation - in which case you can clarify the situation there and then.

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OUT OF BOUNDS (OOB)

Out of bounds areas will be marked on the race maps in pink. These are generally dangerous areas or other imposed restrictions from council or maritime safety.

Out of bounds areas are **STRICTLY** no go. Traversing these areas will receive heavy penalties or disqualification. If you find yourself in an OOB area, you must return the way you entered and go around.

Private Property is always out of bounds unless you are told it is specifically open to the event. Some private property may be marked in pink on race maps where the organisers think it may help teams when planning a route. However, you are still prohibited from entering private property even if it is not marked in pink on your race maps.

VOLUNTEERS

Event volunteer officials have given up their time to assist at events like these which makes it possible for you to participate in this adventure paddle. Please be courteous to them on the course and make sure when you see them that you tell them you appreciate them contributing their time to support this event and our sport.

Bad behaviour to the volunteer officials will not be tolerated.

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ACKNOWLEDGEMENT, WAIVER AND RELEASE

WARNING: THIS IS A LEGAL DOCUMENT THAT AFFECTS YOUR RIGHTS. PLEASE READ ALL OF THE DOCUMENT CAREFULLY.

1. I understand and acknowledge that participating in the **Event** on 26 Nov 2022 is a dangerous activity. The Event may involve mountain biking, kayaking, trekking, running, navigation, rafting, snorkelling, Stand Up Paddle boarding, abseiling, use of a tyrolean traverse and/or a flying fox, rock climbing, ascending, swimming, rock scrambling, coastal travel, sailing, driving, crossing and/or travelling on roads, roller skating, caving, snow traversing, traversing isolated and remote tracks, repairing equipment and other unspecified activities. I am aware and understand the activities I will potentially be involved in. Hazards include, but are not limited to remoteness from assistance or medical aid, the extremely strenuous nature of the Event including participating at night, becoming lost, vehicle traffic, actions of other participants spectators and public, weather conditions, flood, fire, storm, sleeplessness, hypothermia and heat exhaustion, condition or suitability of participant's equipment, natural and man made objects in the environment and other unspecified hazards. I am aware of the hazards involved and acknowledge that there is always risk of injury (including permanent injury, mental injury, paralysis and death) and damage to my property. In my judgment I have sufficient competence, knowledge, common sense, experience, survival skills and equipment to participate in all Event activities in a manner safe to myself and others.
2. I certify that I am physically fit and that I have sufficiently trained for participation in the Event and have not been advised otherwise by a qualified medical person that I can not participate in the Event and that I have been given the opportunity by the organiser to attend a pre event briefing session.
3. In consideration of being allowed to participate in the Event, I (on my own behalf and on behalf of my executors, administrators, heirs, next of kin, successors and assigns):
 - A. WAIVE, RELEASE AND DISCHARGE from any and all liability for death, disability, personal injury, property damage, property theft and all other risks, claims or actions of any kind (including breach of contract, acts of negligence to the fullest extent permitted by law) whatsoever and however occurring, together with any legal fees incurred as a result of any such claim whether it is valid or not, which I at any time had or have as a result of or in connection with, directly or indirectly, my participation in and my travelling to and from the Event the following person or entities: Wild&Co, Event sponsors, Event producers, community organisations, all State, Federal and Local Government authorities in which the Event may be staged and the owners, licensees or occupiers of any property upon which I enter and their (its) respective officers, directors, employees, independent contractors, sponsors, representatives, agents, members and volunteers, including medical and paramedical personal appointed for the Event;
 - B. INDEMNIFY AND HOLD HARMLESS the persons or entities mentioned in paragraph 3(a) from any and all liabilities, claims or actions (including negligence) whatever or however caused arising as a result of or in connection with, directly or indirectly, my participation in and travelling to and from the Event, including any claim by my (or my team's) support crew or any person assisting me or my team;
4. I acknowledge that I am responsible for my personal possessions and equipment during the Event.
5. I accept the communications, search, rescue and medical aid arrangements put in place by the organisers. I understand and agree that in the first instance I am responsible for the provision of first aid to myself and those around me. As a competitor or support crew I am responsible for myself or my team's timely removal from the course to a medical facility. I give my consent to receive any first aid and medical treatment which may be deemed advisable in the event accident, injury and/or illness as a result of my involvement in the Event.
6. I certify that the medical information supplied by me on the entry form is true and I consent to and authorise that information to be provided to any medical practitioner, ambulance officer or any person involved or associated with any medical treatment or assistance that may be given to me as a result of my participation in the Event, regardless of whether the treatment is given.
7. I agree to allow my photograph, video, multimedia or film likeness and or name to be used for any legitimate purpose by Wild&Co, its sponsors or assigns without notification, payment or compensation.
8. I acknowledge that the Event arranged insurance covers myself for public liability whilst participating in this event. I am responsible for my personal accident insurance and ambulance cover.
9. I acknowledge that the organisers reserve the right to alter the advertised course if conditions warrant. I agree that the organisers reserve the right to cancel or postpone the Event due to weather conditions, natural disaster, "acts of god", terrorism, war or any other reason so deemed by the organisers, and that my entry fee will be non-refundable.
10. I agree to abide by the Event rules and directions of officials and I understand that my entry may be voided if through my actions or behaviour, if in the opinion of the organisers, I

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break any of the rules or I bring the Event into disrepute. I further understand that the organisers reserve the right to reject any entry without having to justify their actions.

11. I certify that I will be eighteen (18) years of age or older before the Event starts or that I have full permission from my parent/guardian and they have read and understood the above and will co-sign below.
12. **I have carefully read this document and understand and agree to its contents**