





















# COURSE NOTES

## Brisbane 6hr – Full

# Wild & Co. Adventure Race 6hr

### START INFORMATION

▶ Race Briefing 730hrs, Event Starts 830hrs

<b>LEG 1</b>		<b>1 km</b>	Elevation Gain (a Little)		<b>BULLOCKY REST AREA WARMUP</b>
	<b>Fastest estimate = 0:10 hrs</b> <b>To Finish estimate = 0:20 hrs</b>			1	<ul style="list-style-type: none"> <li>▶ <b>CAUTION</b> - Public trails, give way to pedestrians and to the public on trails</li> <li>▶ Teams to use the local park and paths to complete the leg.</li> <li>▶ Collect ALL CPs in ANY order on this section.</li> </ul>
	Team Estimate:			A,B,C HQ	
<b>LEG 2</b>		<b>9kms</b>	Elevation Gain (a Little)		<b>BIKE TRAILS</b>
	<b>Fastest estimate = 1:00 hrs</b> <b>To Finish estimate = 2:00 hrs</b>			1	<ul style="list-style-type: none"> <li>▶ <b>CAUTION</b> - Public trails, give way to pedestrians and to the public on trails</li> <li>▶ Use the single track and fire trails to complete this leg, off trail travel permitted</li> <li>▶ Collect ALL CPs in order on this section.</li> </ul>
	Team Estimate:			1,2,3,4, 5,6,7,TA1	
<b>TA 1</b>					<ul style="list-style-type: none"> <li>▶ Leave bike at TA1 to complete trek leg</li> <li>▶ Mark up 'pro' CPs at TA1</li> </ul>
<b>LEG 3</b>		<b>4 km</b>	Elevation Gain (a Little)		<b>OFF TRAIL TREK</b>
	<b>Fastest estimate = 0:45 hrs</b> <b>To Finish estimate = 1:30 hrs</b>			1	<ul style="list-style-type: none"> <li>▶ <b>CAUTION</b> - Public trails, give way to pedestrians and to the public on trails</li> <li>▶ Use the fire trails and open country to complete this leg, off trail travel permitted</li> <li>▶ CPs J and K are OPTIONAL 'pro' CPs, do not complete unless competent runner,</li> <li>▶ mark up these CPs at TA1</li> <li>▶ Collect ALL CPs in ANY order on this section.</li> </ul>
	Team Estimate:			D,E,F,G, H,I,J,TA1	
<b>LEG 4</b>		<b>1kms</b>	Elevation Gain (a Little)		<b>TRANSIT TO TA2</b>
	<b>Fastest estimate = 0:10 hrs</b> <b>To Finish estimate = 0:20 hrs</b>			1	<ul style="list-style-type: none"> <li>▶ <b>CAUTION</b> - Public trails, give way to pedestrians and to the public on trails</li> <li>▶ Use the single track and fire trails to complete this leg</li> <li>▶ Collect ALL CPs in order on this section.</li> </ul>
	Team Estimate:			TA2	
<b>TA2</b>					<ul style="list-style-type: none"> <li>▶ Access kayaks at TA2</li> <li>▶ Leave bike at TA2 as instructed</li> </ul>
<b>LEG 5</b>		<b>3 km</b>	Elevation Gain (a Little)		<b>LAKE SAMSONVALE</b>
	<b>Fastest estimate = 0:30 hrs</b> <b>To Finish estimate = 1:00 hrs</b>			1	<ul style="list-style-type: none"> <li>▶ <b>CAUTION</b> - Public waterways – give way to public</li> <li>▶ <b>FIRST RESPONSE</b> - Move or swim to the shore. Use Phone in emergency.</li> <li>▶ Collect ALL CPs in ANY order on this section</li> <li>▶ <b>NOTE:</b> Teams must use wash down facilities to wash kayaks after completing leg</li> </ul>
	Team Estimate:			L,M,N TA2	
<b>LEG 6</b>		<b>2kms</b>	Elevation Gain (a Little)		<b>THE HOME RUN (WELL...RIDE)</b>
	<b>Fastest estimate = 0:10 hrs</b> <b>To Finish estimate = 0:20 hrs</b>			1	<ul style="list-style-type: none"> <li>▶ <b>CAUTION</b> - Public trails, give way to pedestrians and to the public on trails</li> <li>▶ Use the single track and fire trails to complete this leg</li> <li>▶ Collect ALL CPs in order on this section.</li> </ul>
	Team Estimate:			8, FINISH	

In emergency call:  
CHRIS 0497 417 195

In serious emergency call: 000