

LEG 1 2 km Elevation Gain (a little bit) PALM BEACH

Fastest estimate = 0:15 hrs
To Finish estimate = 0:30 hrs

1 PALM BEACH

CAUTION - Public pathways – give way to pedestrians.

To Finish estimate = 0:30 hrs

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TA 1			➤ Collect your kayak ➤ You must not leave anything at TA1
LEG 2	6 km Elevation Gain (a little bit)		CURRUMBIN CREEK
	Fastest estimate = 1:15 hrs To Finish estimate = 2:30 hrs	1	CAUTION - Public waterways – give way to creek traffic FIRST RESPONSE - Move or swim to the shore. Use Phone in emergency. Team must stay within 100m of each other - safety officials will be checking. Collect ALL CPs in order on this section.
	Team Estimate:	1,2,3,4,5, TA1	
TA2	GAQ RES		 ▶ Collect your Bike at TA2 ▶ You must not leave anything bike related at TA2, if using your own paddle gear, strap it together and leave as instructed
LEG 3	12 km Eleva	ation Gain 480m	THE BORDER TRAILS
(F)	Fastest estimate = 1:00 hrs To Finish estimate = 2:00 hrs Team Estimate:	1 6,7,8,9, 10,11,12, TA2	➤ CAUTION - Public roads, cars/trucks travelling at speed, ride single file, use sides and paths where possible, give way to pedestrians and to the public on MTB trails ➤ Teams MUST use the nature strip along Currumbin Creek Road from the TA, do not cross Currumbin Creek Road or ride the wrong way down the bike lane. ➤ Collect ALL CPs in order on this section.
TA 3			▶ Leave your Bike at TA3, this must be collected after the race before 4pm
LEG 4	6 km Eleva	ation Gain 150m	TUGAN HILLZ
X	Fastest estimate = 0:30 hrs To Finish estimate = 1:00 hrs Team Estimate:	1 13,14,15, 16,17,18, FINISH	 CAUTION - Public pathways – give way to pedestrians. Use the sidewalk and pathways to navigate through the Tugan hills to the finish. Road Rules apply, if crossing a road within 30m of a pedestrian crossing you must use the crossing. DO NOT CLIMB FENCES TO CROSS BUSY ROADS. Collect ALL CPs in order on this section.