

## COURSE NOTES <br> Ulladulla 6hr - Full A

## Widd Adventure Race 6hr

- START INFORMATION
- Race Briefing 7:30am, Event Starts 8:30am, Presentations 2:30pm

| LEG 1 | 3 km |  | Elevation Gain (a Little) |  |
| :--- | :--- | :--- | :--- | :--- | :--- | | 'PARK RUN' |
| :--- |


| 낱․ 2 | 7-12kms Ele | Elevation Gain 150 m |  | BIKE PATHS AND TRAILS TO KINGS POINT |
| :---: | :---: | :---: | :---: | :---: |
|  | Fastest estimate $=0: 45 \mathrm{hrs}$ To Finish estimate $=1: 30 \mathrm{hrs}$ | STO | 1 | -CAUTION - Public paths, roads and trails, give way to the public at all times <br> - Use the single track, roads and trails to complete this leg |
|  | Team Estimate: | $\square$ | $\begin{aligned} & 6,7,8,9, \\ & 10,11,12, \\ & T \Delta 1, \end{aligned}$ <br> TA1 | $\rightarrow$ CPs 9,10,11 are OPTIONAL bonus CPs - bonus CPs have a 15 min time credit each <br> - Don't forget to punch the TA1 CP |



| 둘 4 | 5kms Ele | Elevation Gain 50m |  | BACK TO THE LAKE |
| :---: | :---: | :---: | :---: | :---: |
|  | Fastest estimate $=0: 25 \mathrm{hrs}$ To Finish estimate $=0: 50 \mathrm{hrs}$ | STO | 1 | -CAUTION - Public paths, roads and trails, give way to the public at all times <br> - Use the single track, roads and trails to complete this leg |
|  | Team Estimate: | $\square$ | $\left\lvert\, \begin{aligned} & \text { 13,14, } \\ & \text { TA2 } \end{aligned}\right.$ | - Don't forget to punch the TA2 CP |



| - 5 C. 6 | 0.5 kms | Elevation Gain (not really) |  |  | THE HOME RUN (WELL.....RIDE) |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Fastest estimate $=0: 07 \mathrm{hrs}$ <br> To Finish estimate $=0: 14 \mathrm{hrs}$ |  | STOL | 1 | $\rightarrow$ CAUTION - Public paths, roads and trails, give way to the public at all times <br> - Use the single track, roads and trails to complete this leg <br> - Head to the finish to complete leg <br> - Don't forget to punch the Finish CP |
|  | $\underset{\substack{\text { Team } \\ \text { Estimate: }}}{ }$ |  | $\square$ | FINISH |  |

