



**> START INFORMATION** 

• Race Briefing 730hrs, Event Starts 830hrs

LEG 1	1.5 km	Elevation Gain (a Little)	'PARK RUN'
<b>K</b>	Fastest estimate = 0: To Finish estimate = 0 Team	0:30 hrs	<ul> <li>CAUTION - Public paths, roads and trails, give way to the public at all times</li> <li>Teams to use the local park and paths to complete the leg</li> <li>Collect ALL CPs in ANY order on this section, return to HQ to collect bike</li> </ul>
	Estimate:	A,B,C HQ	
LEG 2	1.5kms	Elevation Gain (not really)	TO THE PADDLE
<b>1</b>	Fastest estimate = 0:07 hrs       To Finish estimate = 0:14 hrs		<ul> <li>CAUTION - Public paths, roads and trails, give way to the public at all times</li> <li>Use the single track, roads and trails to complete this leg</li> <li>Collect ALL CPs in order on this section, head to TA2 to complete leg</li> </ul>
	Team Estimate:	1, TA2	
LEG 3	2 km	Elevation Gain (it's water)	LAKE BURLEY GRIFFIN
	Fastest estimate = 0:- To Finish estimate = 7		<ul> <li>CAUTION - Public waterway – give way to public</li> <li>FIRST RESPONSE - Move or swim to the shore. Use Phone in emergency.</li> <li>Leave bike at TA2, collect kayak and use the lake to complete this leg</li> <li>Collect ALL CPs in ANY order on this section, return to TA2 to complete leg</li> </ul>
	Team Estimate:	K,L, TA2	
LEG 4	6kms	Elevation Gain 50m	TO THE ARBORETUM
LEG 4	6kms         Fastest estimate = 0:         To Finish estimate = 1	45 hrs	<ul> <li><u>CAUTION</u> - Public paths, roads and trails, give way to the public at all times</li> <li>Use the single track, roads and trails to complete this leg</li> </ul>
LEG 4	Fastest estimate = 0:-	45 hrs	<u>CAUTION</u> - Public paths, roads and trails, give way to the public at all times
LEG 4	Fastest estimate = 0: To Finish estimate = 1 Team	45 hrs 1:30 hrs	<ul> <li><u>CAUTION</u> - Public paths, roads and trails, give way to the public at all times</li> <li>Use the single track, roads and trails to complete this leg</li> </ul>
	Fastest estimate = 0: To Finish estimate = 7 Team Estimate:	45 hrs 1:30 hrs Elevation Gain (a Little) 30 hrs	CAUTION - Public paths, roads and trails, give way to the public at all times     Use the single track, roads and trails to complete this leg     Collect ALL CPs in order on this section, complete leg at TA1     CANBERRA VIEWS     CAUTION - Public paths, roads and trails, give way to the public at all times     Leave bike at TA1 and use the trails and open country to complete this leg, off trail
	Fastest estimate = 0: To Finish estimate = 1 Team Estimate: 2km Fastest estimate = 0:	45 hrs 1:30 hrs Elevation Gain (a Little) 30 hrs	<ul> <li><u>CAUTION</u> - Public paths, roads and trails, give way to the public at all times</li> <li>Use the single track, roads and trails to complete this leg</li> <li>Collect ALL CPs in order on this section, complete leg at TA1</li> </ul> <b>CANBERRA VIEWS</b> • <u>CAUTION</u> - Public paths, roads and trails, give way to the public at all times
<b>6</b>	Fastest estimate = 0: To Finish estimate = 1 Team Estimate: 2km Fastest estimate = 0: To Finish estimate = 1 Team	45 hrs 1:30 hrs Elevation Gain (a Little) 30 hrs 1:00 hrs	<ul> <li><u>CAUTION</u> - Public paths, roads and trails, give way to the public at all times</li> <li>Use the single track, roads and trails to complete this leg</li> <li>Collect ALL CPs in order on this section, complete leg at TA1</li> </ul> <b>CANBERRA VIEWS</b> • <u>CAUTION</u> - Public paths, roads and trails, give way to the public at all times • Leave bike at TA1 and use the trails and open country to complete this leg, off trail travel permitted
LEG 5	Fastest estimate = 0: To Finish estimate = 1 Team Estimate:	45 hrs 1:30 hrs Elevation Gain (a Little) 30 hrs 1:00 hrs Elevation Gain -20m 15 hrs	<ul> <li><u>CAUTION</u> - Public paths, roads and trails, give way to the public at all times</li> <li>Use the single track, roads and trails to complete this leg</li> <li>Collect ALL CPs in order on this section, complete leg at TA1</li> </ul> <b>CANBERRA VIEWS</b> <ul> <li><u>CAUTION</u> - Public paths, roads and trails, give way to the public at all times</li> <li>Leave bike at TA1 and use the trails and open country to complete this leg, off trail travel permitted</li> <li>Collect ALL CPs in ANY order on this section, return to TA1 to complete leg</li> </ul>